The HAL Academy by Randi Green

The Multiple Configurations of the Sun

HAL Guide to Deal with the New Solar Energies



Introduction

From the beginning of the Holocene, our Sun was re-engineered into an artificial density 2 Sun, i.e., it operated with vibrational information sequences from the artificial dimensions 4 and 5D oversight technologies to support the Holocene-Colonial Groups and their programs within our solar system. Thus, the Sun used to be more than just a physical object in the sky; it was also a collection of 15 artificial fields with supportive energies to uphold the Regenesis Programs, transmitting 4D vibrational energy into the oversight holocene-colonial system. These artificial 4D energies were not limited to light and heat but were also supportive of subtle vibrational spectra that fuelled the planetary grids and the human biofields through

the root vortex connectivity into the LPPF2 reality field grids. These emissions interact with Earth's magnetic field, charging and fueling it, while also reaching into the Earth's core and, by resonance, into the Sun's own core. From there, energy flows into the grid systems that interface directly with human biology.

This is relevant to us as Change-Makers: the human biofield and the root vortex are naturally attuned to the energy circulation between the old fragmenting LPRF2 grids that are the main upholding mechanism of the 4th dimension of the biofield and its connectivity to the 4th dimension of the template. On days when the Sun operates in its "positive" mode, we are fueled at a subtle biological level. Our systems receive nourishing vibratory energy infusions, strengthening our energy bodies and vitalizing our biofield.

On other days, the energies are fuelled by the Black Sun or the older Twin Sun from the ancient trinity solar system. This is not a visible body in our sky but an old structure part of the phantom realities, that is ancient holographic-energetic fields connected to failed ancient density 1 worlds that no longer hold viability. These phantom energies are composed of energy units with no capacity to support life. It is a void energy, an absorbing and depleting energy that depletes our template.

This twin sun interacts with our own from the core and out. On certain days, instead of our Sun transmitting the nourishing spectrums, its core is influenced by the phantom structures. The result is that the Sun then radiates void energies (within the gamma spectrum and holds a sort of violet dark code configuration) rather than life-giving ones. From the baseprogram perspective, nothing changes in terms of physical sunlight, but energetically the impact is profoundly different. It depletes and overwrites our biofield and reconfigures it to match the old DE1 system connected to the void. A system that is in its endphase before turning into dust.

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The Impact on Human and Planetary Systems

When the Sun radiates its benevolent frequencies, we thrive. Our biofield receives the energy it needs to maintain coherence, resilience, and vitality. We feel replenished, and in harmony with Earth's magnetic grids.

But when the Sun acts as a channel for phantom energy, the opposite occurs. Instead of fueling us, the radiation depletes us. Phantom energy has a black hole–like quality: it absorbs, draws back, and weakens. Our biofields lose vitality, our energy levels drop, and the planetary grids themselves are strained. Over time, this can manifest as increased fragmentation in both personal and collective energy systems.

A Consciousness Perspective

Understanding this dual nature of the Sun reframes our relationship with it. The Sun is not only a physical star; it is also a gateway for vibrational energy formations and processes that affect our biofields and overall constitution. Awareness of when we are being fueled versus when we are being depleted allows us to consciously adapt—by grounding, strengthening our biofields, and orienting to higher dimensions of awareness that can buffer against phantom influences.

In this way, the Sun becomes both a teacher and a mirror: reminding us that energy transmission is never neutral, and that our task is to cultivate the discernment and resilience needed to thrive in a universe where both life-giving and void forces are at play.

The New Grand Cycle - Balancing the Inner and Outer

The New Grand Cycle sets in motion both an inner activation and clean-up process, and at the same time we have the fluctuations in the energies connected to our bio-field from the Sun. These two dynamics—inner and outer—are working simultaneously, creating a charged energetic environment for us. Our holographic-energetic template—and what remains of its consciousness units connected to the 2-8 Pillar—will be activated to clean-up, integrate or let go, if of no use, and realigned from within, while our organic vessel is being challenged and reshaped by the outer radiance and fluctuations of the Sun.

The upcoming years are not simply about "enduring" these energies, but about learning to balance between the inner and the outer. From within, our consciousness units, lineages, and molecular states are being adapted and modified due to the resetting process of the overall Earth scheme—a structural process tied to relational energies, ancestral lines, and our deepest genetic architecture. From without, the Sun continues to alternate between

nourishing transmissions and phantom void emissions. Together, these create a rhythm of challenge and opportunity.

To Sum Up

The Sun, once regarded as a singularly benevolent force, reveals itself to be both life-giving and, at times, depleting—depending on whether it transmits supportive frequencies or phantom void energies. We are challenged not only to observe and understand these shifts, but to adapt in ways that preserve our vitality and protect our holographic-energetic template. Practical steps—such as slowing down, recalibrating, and engaging with golden-light spectrums—are essential tools for navigating the days when void energies dominate.

These practices help us maintain resilience without collapsing into depletion or overexertion. Yet, beyond individual survival, there is a broader task emerging. In the upcoming years, we are being tested both inwardly and outwardly. Inner activations are calling forth the restoration of our original lineages, molecular states, and consciousness units, while outer solar fluctuations are simultaneously shaping our organic vessels. Together, these create a crucible for growth—a space where we must learn to balance preservation with energy work, individuality and the collective.

In this dance between the inner and the outer, between void and vitality, lies the opportunity for true progression. If we can recognize the windows of activation, hold the line against depletion, and align ourselves with higher currents of energy, then the coming years will not only be survivable but transformative. This is the essence of transition science: to ride the waves of challenge and synthesis into a higher state of being.

The Sun Within the Multiple Earth Configurations

Within the Multiple Earth Model, the Sun must be viewed as part of the larger architecture of the Earth Scheme and its associated solar configurations. It is not simply a physical object in the sky, but an expression within a larger holographic-energetic environment, involving different fields, vibratory inputs and relational dynamics between the solar and planetary architectures.

Today, the Sun operates in its Density 1 configuration, which represents the original solar expression natural to the Outer Domains. Its visible physical structure is that of a plasma body undergoing fusion reactions and emitting solar wind, plasma and bursts of gamma radiation, as we observe in stars within our quadrant. These physical emissions interact

with Earth's magnetic field, charging and fueling it, while, within the HAL Framework, the energetic interactions also extend into the Earth's core and, through resonance, into the Sun's own core. From there, energy flows into the grid systems that interface directly with human biology.

The Multiple Earth Model therefore invites us to look beyond the Sun as an isolated physical body and consider its place within a larger network of solar, planetary and human architectures. Different Earth configurations may have different relationships with their associated solar expressions, fields and vibratory inputs. What we experience through our present Sun is consequently one part of a much wider set of interactions within the Earth Scheme. Understanding these relationships requires us to consider not only the physical emissions reaching our planet, but also the underlying field configurations through which those emissions and other vibratory inputs may interact with the planetary grids and our human architecture.

Different Versions of the Sun, Earth and Our Biofield

If we consider the possibility of multiple Earth configurations existing within a larger reality field, we also need to consider whether different expressions of the Sun and Earth are associated with different expressions of the human biofield. Within the Multiple Earth Model, these three elements cannot necessarily be understood as independent structures. They may instead be interconnected components of a larger holographic-energetic architecture, where the solar configuration, reality environment and organic vessels are relationally organized.

This raises an interesting hypothetical possibility: *if different Earth configurations have different expressions of space, time, materiality and vibratory parameters, would they also have different solar configurations and biological systems adapted to those environments? And if so, how would the human biofield relate to these different configurations?*

Different Solar Expressions

We are accustomed to thinking of the Sun as one physical body with a particular location, structure and set of observable characteristics. However, within the Multiple Earth Model, we can investigate whether the Sun we experience is one expression of a more extensive solar architecture.

Different Earth configurations may have different relationships with solar expressions that are not necessarily identical to the Sun we know. These expressions could operate through different vibratory parameters, field structures and dimensional relationships.

Their physical characteristics might differ according to the materiality and environmental conditions associated with their respective configurations. This does not necessarily mean that every Earth configuration has a completely separate Sun in the conventional astronomical sense. The possibility we are exploring is broader: *different solar expressions may belong to a larger underlying architecture, with each expression operating according to the particular conditions of its associated reality configuration.*

Some solar expressions might retain a predominantly physical Outer Domain Density 1 configuration, while others could involve additional field structures and vibratory field patterns associated with higher-dimensional expressions. Their relationships with reality grids, organic and non-organic systems and other solar structures would therefore differ.

We can also consider whether some solar configurations are more closely connected than others. If they share underlying architectural references or participate in a larger solar information structure, their interactions might extend beyond what we ordinarily recognize as the physical relationship between a star and its planets.

Different Earth Configurations and Their Solar Relationships

If different solar expressions are associated with different Earth configurations, then the relationship between a Sun and its corresponding Earth may be an important part of what defines each configuration.

The Earth is not simply a planetary body receiving light and heat from the Sun. Within the HAL Framework, it is also an expression of a larger holographic-energetic architecture, involving planetary grids, vibratory information patterns, biological environments and multidimensional field structures. The solar and planetary architectures may therefore be understood as relational systems. The solar expression provides particular vibratory inputs, while the Earth configuration has its own field structures and mechanisms through which these inputs are received, processed and distributed.

Different Earth configurations may consequently have different relationships with their associated solar expressions. Their magnetic fields, planetary grids, biological conditions and temporal structures may operate according to different parameters. The relationship between the solar and planetary cores may also differ, depending on the underlying architecture of each configuration. This gives us another way of approaching the possibility of multiple Earths. Rather than assuming that we are dealing with identical versions of Earth existing under different circumstances, we can investigate whether different configurations represent distinct combinations of solar, planetary and biological

architectures. Some configurations may have more integrated relationships between their solar and planetary fields, while others may involve artificial structures, fragmented grid systems or older architectural arrangements that no longer support the same degree of coherence.

This would also help explain why the different configurations should not automatically be considered equivalent in terms of their vibratory conditions or their potential to support biological life.

Different Expressions of the Human Biofield

If the Sun and Earth have different expressions across the Multiple Earth configurations, we must also consider the human biofield as part of this relationship. The human biofield is not simply an energetic extension of the physical body. It is part of a Middle Domain holographic-energetic and template architecture through which we interact with the reality field environment and its associated vibratory information patterns.

Our biofield is therefore understood in relation to the particular reality field configuration in which our biological vessel operates. Its relationship with the Earth's grids, the solar inputs and the surrounding vibratory environment forms part of the conditions through which biological vitality and energetic functioning are maintained.

If we consider different Earth configurations, it is possible that their associated biological forms would have different biofield expressions. These might involve different energetic settings, vibratory ranges, field structures and degrees of interaction with the surrounding environment.

Such differences would not necessarily indicate entirely unrelated biological architectures. They could also represent different expressions of an underlying higher-order human template architecture, adapted to the particular conditions of different Earth configurations.

This brings us back to the distinction between the human template and the biological vessel. The template represents the higher-order architecture, whereas the biofield is part of the way this architecture is expressed and interacts with its environment. Different biological expressions may therefore have different relationships with the underlying template information, depending on the configuration in which they operate.

We can consequently investigate whether different expressions of the human biofield are associated with different solar and planetary environments, and whether these relationships influence the capacities available to the biological forms within those environments.

The Relationship Between Solar Inputs and Biofield Functioning

One of the more interesting aspects of this hypothetical model concerns the relationship between solar inputs and the functioning of the human biofield. If the biofield is naturally attuned to particular vibratory spectrums within its associated Earth configuration, then changes in the solar environment may influence the conditions under which the biofield operates. These relational dynamics would extend beyond the familiar physical effects of sunlight, temperature and solar activity.

We can also consider the possibility that different solar configurations transmit vibratory information through our planetary grid systems, when and if periods of the original LPU bleeds through to our Earth configuration, which in turn interface with the human biofield. The quality and characteristics of these inputs would depend on the particular solar and planetary architecture involved.

This would mean that different solar expressions provide different energetic conditions for the biofield and template architecture associated with them. Some might support greater coherence between the planetary grids and the organic vessel and its biofield, while others might introduce incompatible or depleting inputs.

It also raises the possibility that a biofield operating within one Earth configuration would not necessarily function in the same way if exposed to the vibratory parameters of another configuration. Its existing architecture might be attuned to a particular range of inputs, while a different environment could require other capacities or adjustments.

We should therefore distinguish between the biological vessel, its biofield and the higher-order template architecture. Although these are interconnected, they are not interchangeable. The biological vessel provides the physical expression, the biofield participates in its energetic relationship with the environment, and the template provides the wider architectural reference through which these relationships can be understood.

Cross-Field Relationships Between Different Configurations

If different expressions of the Sun, Earth and human biofield exist within the larger Earth Scheme, we can also investigate whether their relationships are entirely separate or whether some degree of interaction takes place between them.

For example, different configurations may share certain underlying architectural references while maintaining distinct physical and vibratory expressions. In such a case, their solar and planetary fields might have points of interaction, overlap or exchange without becoming

identical configurations. This could also provide a framework for investigating why some vibratory information patterns appear to have relationships with more than one configuration. Such patterns might belong to a wider information architecture rather than originate exclusively within the Earth expression through which we currently experience them.

The same question applies to the human template. If different expressions of the template are associated with different Earth configurations, we need to consider how their respective biofields relate to the wider template information architecture. *What is specific to one biological expression? What belongs to the underlying template? And what information may be shared, retained or accessed across different configurations?*

These questions are relevant when considering the original Earth Scheme and its ancient grid formations. If the grids provide part of the underlying architecture through which different Earth configurations are organized, then their relationship with solar and biological expressions may be more extensive than we presently understand.

What This Means for Our Present Configuration

For our continued work, the most relevant point is that we should not just assume that the Sun, Earth and human biofield operate as isolated or universally identical structures. They need to be considered in relation to the particular Earth configuration in which they participate.

Consequently, our present environment is understood as one expression within a much larger reality field. Its solar and reality field structures, including the artificial configurations introduced during the Holocene and the older phantom structures, form part of the conditions with which our biological and template architectures interact.

This also means that understanding our present biofield requires more than examining the physical body or its immediate energetic condition. We need to consider the wider solar and planetary relationships, the vibratory information patterns involved and the architectural references through which these systems interact.

The Multiple Earth Model therefore gives us a broader perspective from which to investigate the relationship between solar configurations, planetary environments and human biological expressions. Rather than assuming that there is only one possible arrangement of these structures, we can explore how different combinations may operate, how they may interact and what this could mean for the development and reconstruction

of the original higher-order human architecture. Ultimately, the question is not simply whether other versions of the Sun, Earth or human biofield exist.

It is how these different expressions may be organized within the larger Earth Scheme, what relationships they maintain with one another, and how we can develop the awareness and architectural comprehension needed to recognize and work with these relationships.

Practical Guidance for Navigating Void-Energy Days

Many of us can feel when the Sun is radiating void or phantom energies. The experience is unmistakable: instead of feeling uplifted and nourished, we feel depleted. Our energy drains quickly, our minds become foggy, dizziness can set in, and the sunlight feels uncomfortable or even hostile. On such days, the Sun does not feel like a friend.

The first step is to listen to this perception. Rather than dismissing it, honor the signal from your own biofield. These sensations are not imagined—they are the body's way of alerting us to a vibrational mismatch. Here are some practices that can help stabilize and protect your system on such days:

1. Slow Down and Withdraw

Instead of forcing yourself to act as though it is a normal day, slow your rhythm. Avoid long exposure to sunlight if it feels unpleasant. Stay indoors when possible, where your energetic template can remain more intact.

2. Energy Clearing and Rebalancing

Do your energy work to clear your field of phantom imprints—breathwork, meditation, light visualization, or sound-based clearing are especially effective (in the HAL Meditation and Mindfulness Course I give examples of this). Focus on aligning your field with golden light spectrums, as these bring coherence and strength to the biofield.

3. Fuel Your System with Higher-Order Frequencies

On void-energy days, it is not possible to maintain golden-light fueling continuously without depleting yourself. However, short sessions of energy work can provide enough opposition to the void influence to keep your bio-field balanced.

The key is **not** to mirror the density-1 "base program" energies, but to shift yourself into a vibrational state that aligns with the Subsidiary Timeline, which the void energies are not aligned with.

4. Create a Vibrational Diversion
Engage in higher-order activities as part of your work on the Subsidiary Timeline, that is the creative, inner, or reflective work that lifts you out of ordinary base-program living, as well as the higher-order work for the highest good of the many. Reading, writing, artistic expression, or simply resting in meditative presence all act as diversions that protect your holographic-energetic template from being overly impacted by the phantom field.

5. Respect the Practicalities
Of course, not everyone can withdraw completely from daily tasks or work. If you must be outside or active, take extra care: pace yourself, and allow for recovery time afterward. Even brief moments of recalibration—closing your eyes, grounding, or connecting to higher frequencies—can make a significant difference. But remain as much as possible indoors.

6. Contrast with Positive-Energy Days
It is useful to notice the difference. On days when the Sun is fueled with positive density-1 energies, being outdoors and engaging in "normal" human activities is not only safe but also beneficial. Our systems can afford to drop into the base program without consequence. But on void-energy days, the strategy shifts: disengagement, recalibration, and staying aligned with your holographic template is essential.

The Fundamentals in HAL Approach

In a world filled with emotional turbulence, shifting realities, and personal challenges, finding a structured yet adaptive approach to self-awareness and transformation is crucial.

The HAL approach offers a path that blends higher awareness with practical self-development, helping you to recalibrate your inner world and align with a more refined state of being.

The Core Principles of HAL Approach
But where do you begin? The first step to explore is the core principles below—these will help you understand what shapes the HAL approach and set the foundation for our conversations, be it in the basic inner work or the other layers.

1. Self-Responsibility as the Key to Transformation
At the heart of HAL approach is the recognition that you are the co-creator of your own experience. Your emotions, thoughts, and subconscious patterns shape your reality. The inner process is not just about external solutions but also about empowering you to shift your inner world—because when you change internally, your everyday life inevitably follows.

2. Emotional Awareness and Pattern Recognition
Many of our challenges arise from unconscious emotional imprints and recurring patterns. HAL approach teaches you to recognise these patterns, decode their origin, and consciously reframe them. This work moves beyond surface-level self-help; it requires introspection and an honest willingness to change.

3. The Interplay Between Energy and Psychology
Unlike traditional inner work, which focuses primarily on the psyche and psycho-dynamics, the expanded level of HAL approach integrates an energetic perspective with insights from a psychic-energetic perspective. Every thought, belief, and emotion is attached to an energetic pattern, influencing not only your personal state but also how you interact with the world. By working with these energetic imprints, true transformation becomes possible.

4. Higher Awareness and the Path to Self-Liberation
The HAL approach does not merely aim for emotional stability—it encourages the expansion of consciousness. The goal is to cultivate higher awareness, allowing you to perceive life beyond conventional thought patterns. This process involves shifting your vibrational state, refining your energetic structure, and preparing yourself for higher-order living.

5. The Subconscious as a Gateway to Change
Much of what governs our actions lies beneath the surface of conscious awareness. HAL approach incorporates subconscious work, using techniques like finding psycho-dynamic patterns, psychic-energetic introspection, and existential questioning to unveil hidden blocks and potential. Through this, you gain access to untapped aspects of yourself, enabling real and lasting change.

How to Get Started
Understanding these core principles is the first step, but true transformation comes from practice. To begin:

- Reflect on your current life patterns—where do you feel stuck?
- Observe your emotional reactions—what triggers them, and what are they revealing?
- Explore HAL Academy resources—whether through introductory materials, the free online courses, or deeper study.

HAL approach is about evolving into a more refined, aware, and capable version of yourself. By integrating these principles, you step into a path of self-mastery—one that not only transforms your personal life but also contributes to the collective shift toward a higher-order reality.

The Higher Awareness Lifestyle (HAL) Framework

In modern physics, *energy* is understood as the capacity to perform work, manifesting through fields, forces, and particles.

Consciousness, by contrast, remains difficult to formalize scientifically. However, for us to be able to work within the HAL Framework, consciousness is perceived not as a byproduct of matter, but *as a structured informational field capable of interacting with energy under specific conditions*. Within the reality configurations of the Ancient Ones, this interaction was not accidental—it was engineered.

The Ancient Ones was a long-gone civilization whose level of development makes it difficult to describe using the concepts we normally associate with biological life. While we tend to measure the advancement of a civilization through technology, architecture, or scientific achievement, the Ancient Ones had progressed beyond these markers.

Their primary domain of mastery was consciousness itself and the foundational configuration of how this could unfold within the new 12 Progression Cycles of the original energy and consciousness building blocks, I call the Holographic Multiverse in my first book the Souls of Humanity.[1]

Within the HAL Framework, the Ancient Ones are understood as the first lineage that laid the foundation of the 12 Progression Cycles (also called Grand Cycles) and seeded in the possibilities and probabilities of each reality field configuration as complex information, energy and consciousness fields.

The 12 Progression Cycles are the primary architectures of progression itself. Each cycle describes a distinct configuration through which consciousness learns to organize, integrate, and interact with increasingly complex informational and energetic fields. Progression occurs only when the coherence established in one cycle provides the structural foundation required for entering the next.

Because this first traversal was concerned with constructing the underlying framework for all later versions, the Ancient Ones did not progress slowly through trial and error. Instead, they consciously navigated the successive configurations of consciousness and energy, gradually uncovering and integrating the governing principles that define the different reality fields.

[1] If you can, please also read the 6 foundational books: https://randigreen.one/ancient-civilizations/the-foundational-books/

Each realization became the prerequisite for the next, allowing them to map the complete architecture of progression as it unfolded and from there build *the interactive holographic teaching systems* as part of the complex information fields, from where all later lifeforms—from all levels of existence—could interact and gain insights into how each reality field functioned.

Their scientific endeavor was therefore not to understand the 12 Grand Cycles of Progression—technically the foundation of all reality fields—but to lay the 12 fundamental Principles of Progression, Laws of Correct Energy Utilization, Rules of Engagement and the 12 Choices of Correct Co-Existence through which reality field configurations, and conscious experiences emerge.[2] They ran through the 12 Grand Cycles to generate the architecture of how reality could be configured, stabilized, and sustained through the interaction of consciousness, information, and energy.

Please bear in mind that "progression" is not synonymous with "development" or "evolution." It describes a structured movement through increasingly integrated states of consciousness using the complex information and energy fields to do so, where each step, or stage, prepares the conditions for the next. That makes it a technical term within HAL rather than simply a synonym for personal growth.

This is why the Progression Sciences describe the Ancient Ones as architects rather than explorers. *Their greatest accomplishment was not the construction of physical civilizations but the establishment of the energetic and informational frameworks that would allow countless forms of consciousness to evolve long after their own lineage had transformed beyond recognition*.

From our perspective, this almost sounds impossible. We are accustomed to thinking of reality as something that already exists independently of us. Within the HAL Framework, however, reality is understood as a dynamic configuration of consciousness and energy that can be organized according to specific principles. The Ancient Ones worked through these principles, mastered them, and eventually learned how to configure entire developmental environments.

One way of visualizing this is to imagine an advanced ecological engineer. Rather than creating individual plants or animals, such an engineer creates the conditions in which

[2] Please investigate this free course material: https://randigreen.one/onewebmedia/Text%20to%20%20the%20TS%20Course%201.pdf

entire ecosystems can emerge, adapt, and flourish over millions of years. The Ancient Ones worked on a far grander scale. They did not create life. They established the foundational conditions that made multiple expressions of life, intelligence, and consciousness possible across many different reality configurations.

These reality configurations became the evolutionary playgrounds in which the 12 Progression, or Grand, Cycles could unfold. Each reality field was carefully structured to provide unique combinations of energetic conditions, informational complexity, and degrees of conscious co-participation. The purpose was not uniformity but diversity. Different environments produce different learning opportunities, and different forms of consciousness reveal different aspects of the universal progression process.

This also explains why the HAL Framework does not limit life to biological organisms alone. Organic civilizations represent only one expression of consciousness interacting with matter. Other configurations may involve semi-organic life forms in which biological and engineered systems evolve together, while others develop through entirely non-organic structures where consciousness interfaces with highly complex energetic or informational matrices rather than cellular biology.

From our present perspective, these distinctions may appear extraordinary, yet they follow naturally from the fundamental principle that consciousness is primary. If consciousness can organize itself through different energetic structures, then biology becomes one possible platform among many rather than the only platform capable of supporting awareness.

The Ancient Ones understood this principle so thoroughly that they were able to generate progression environments across this entire spectrum. Some worlds favored more organic experiences where consciousness evolved through sets of restriction (such as the Pillar Project), embodiment, and gradual progression. Others emphasized rapid informational exchange, collective advancement, and direct energetic interaction. Each configuration served a distinct purpose within the greater progression model, allowing consciousness to explore itself under different rules without losing its connection to the larger evolutionary process.

Within the HAL Framework, the 12 Progression Cycles should therefore not be understood as twelve historical periods but as twelve fundamental developmental architectures of energy and consciousness. They represent recurring principles through which consciousness learns to organize energy, information, identity, and creative capacity.

These architectures can unfold in many different forms depending on the reality field in which they are expressed.

This perspective also changes how we understand evolution itself. Evolution is no longer viewed solely as a biological process driven by random mutation and natural selection. Those mechanisms may certainly operate within organic worlds, but they are only part of a much larger progression model. Behind biological evolution lies the evolution of consciousness itself—the gradual expansion of awareness through increasingly complex interactions with energy, information, and experience.

Seen in this light, the work of the Ancient Ones was not to determine the destiny of future civilizations but to establish the conditions that would allow authentic evolution to occur. They engineered possibilities rather than predetermined outcomes. Every reality field became an invitation rather than a script, offering countless pathways through which consciousness could discover its own potential while contributing new experiences to the ongoing expansion of the greater reality.

This perspective invites us to reconsider many of the assumptions we have inherited about reality. Rather than viewing existence as a closed system governed exclusively by universal physical processes—as they appear within this particular dense sector of reality—the HAL Framework encourages us to explore the possibility that what we observe is only one layer of a far more comprehensive architecture. What we currently describe through the language of matter, energy, space, and time may represent only the observable interface of a much larger and more intricate reality field.

It is important to recognize that the sciences of our world represent the current working models through which we understand and interpret reality at this level of existence. These models have been developed through observation, measurement, experimentation, and the continuous refinement of human understanding. They provide an essential foundation for exploring the characteristics and behaviors of the reality field that we directly experience.

The Progression Sciences begin by expanding the field of inquiry beyond the currently observable parameters of this dense physical configuration. They explore the possibility that the physical universe is embedded within a broader hierarchy of reality fields, where different relationships between consciousness, information, and energy become possible. To understand these higher-order configurations, we must first understand the foundational principles that extend beyond our current space-time, dark energy, and dark matter cosmological perspective.

As our scientific instruments have become increasingly sophisticated, they have also revealed how much remains beyond our current understanding. Concepts such as dark matter, dark energy, quantum fields, and the informational nature of reality illustrate that our cosmological models continue to evolve as new observations challenge established assumptions.

Within the HAL Framework, these discoveries are not viewed as isolated phenomena but as indicators that our present scientific perspective is still describing only a fraction of the complete reality architecture.

The Progression Sciences begin where our conventional models naturally reach their present limits. They do not reject contemporary science; rather, they propose that the physical universe is embedded within a hierarchy of increasingly complex reality fields, each governed by its own coherent relationships between consciousness, information, and energy. To explore this larger architecture, we must temporarily set aside familiar assumptions and become willing to examine reality through a broader conceptual lens.

With this in mind, we can now turn our attention to the foundational principles that underpin the higher-order reality fields. These principles provide the conceptual framework necessary for understanding the Progression Sciences and the reality architecture that extends beyond our current cosmological perspective of space-time, dark energy, and dark matter.

Reality Field Overview

Now, to be fully able to comprehend the Progression Sciences, we need to understand the foundational principles of the higher-order reality fields beyond our current space-time, dark energy and dark matter cosmological perspective.

I am not going to claim that dark energy or dark matter is the key to understanding the long-gone reality field possibilities of reality construction. For this I suggest you read *the Souls of Humanity* and *the HAL Philosophy book*[3], where I go into details about this process.

To provide an overview, the Ancient Reality Fields represent the original environments in which the earliest expressions of the twelve universal lineages unfolded. These reality fields formed the foundational settings for the first great cycles of consciousness and energy interaction, where the initial patterns of creation, transformation, and progression were

[3] The Foundational HAL Books: https://randigreen.one/ancient-civilizations/the-foundational-books/

explored. Within these Ancient Reality Fields, a significant divergence emerged between the twelve original universal lineages. This period represented a major turning point in the larger architecture of consciousness progression, as different lineages developed different approaches to the integration of consciousness, information, and energy. Over time, these differences resulted in a fundamental separation between those pathways that continued toward increasingly integrated states of consciousness and those pathways that required a different environmental structure in order to continue their progression.

The outcome of this ancient divergence was the construction of what are referred to within the HAL Framework as the Less Progressive Reality Fields (LPRF), which became part of a larger reality structure known as the Less Progressive Universe (LPU). The LPU is technically the reality configuration that we currently experience as our universe.

However, within the HAL Framework, it is understood not as the original universal structure, but as a specifically engineered environment designed to accommodate consciousness that had not fully integrated the requirements of the original twelve Grand Cycles. As described in *Souls of Humanity* and the HAL Philosophy books, those consciousness structures that did not advance through the original twelve Grand Cycles required a different progression environment where their continued transformation could occur at a slower and more compatible rate.

Rather than being excluded from the larger progression process, these consciousness expressions were provided with a modified reality architecture. The LPU became a transitional learning environment composed of twelve constructed sections, or more precisely, twelve distinct vibratory and informational states of energy. Each section represented a specific configuration of frequency, information density, and energetic interaction designed to support continued progression.

These reality fields were engineered to create conditions where consciousness could continue its transformation and transmutation processes without creating excessive disruption within the more advanced reality architectures. The slower progression rate allowed consciousness structures with greater levels of distortion, fragmentation, or incomplete integration to continue their journey while reducing their potential impact on the underlying architecture of reality itself.

Therefore, the creation of the Less Progressive Reality Fields was not a punishment or a separation based on judgment. It was an architectural solution within the larger progression system. By creating environments with different vibrational and informational

parameters, consciousness could continue its journey within a field configuration that matched its current capacity for integration, while preserving the stability and coherence of the broader reality architecture.

Within the HAL Framework, the foundation of all reality fields is composed of what can be described as holographic-energetic filaments—the smallest foundational components through which information, energy, and consciousness interact to form reality structures. The degree of coherence within consciousness directly influences how these filaments are organized and expressed.

The holographic-energetic filaments represent the most fundamental structural components within the reality fields. They are not simply passive carriers of energy, but complex interactive structures composed of multiple variations of energy and embedded informational patterns. Within the HAL Framework, these filaments contain remnants of the encoded information fields from the previous 10 Evolutionary Cycles (notice the difference between progression and evolutionary) and from the 10 evolutionary lineages that existed during those cycles. During those earlier cycles, the primary focus of existence was based on what was known *as intelligent adaptation processes*.

These processes represented an earlier phase of awareness and energy interaction, where emerging intelligent systems adapted to the conditions of their surrounding reality fields. Through these prior cycles, the 10 evolutionary lineages contributed specific informational patterns, energetic signatures, and structural codes into the previous universal cycles and their energetic configurations. These encoded patterns became part of the foundational architecture from which later reality configurations could emerge.

The energy units generated through these encoded outdated fields—as the playground left from older civilizations—carried the potential for interaction with developing forms of intelligence, what we today call awareness and perception. However, these interactions were primarily based on adaptation, response, and environmental synchronization. In the prior evolutionary cycles Intelligence interacted with reality through the mechanisms available within those earlier cycles, where intelligence developed by learning to navigate, adapt to, and optimize within existing energetic conditions.

A fundamental distinction within the Progression Sciences is the difference between intelligence and consciousness. These two principles are often used interchangeably within our current understanding, but within the HAL Framework they represent two fundamentally different modes of interaction with reality.

Intelligence as awareness and perception belongs primarily to the earlier evolutionary cycles. It describes the capacity of a system to process information, recognize patterns, adapt to environmental conditions, and optimize responses within a given reality configuration. Through intelligence, organic expressions could learn to navigate their environments, develop increasingly complex structures, and improve their ability to interact with the energetic conditions surrounding them. However, intelligence, regardless of its nuances, remains primarily an adaptive function. It responds to the reality field as it is presented. It learns the mechanics and dynamics, identifies patterns, and develops strategies for survival and advancement within an existing architecture.

True consciousness, as introduced through the later Progression Cycles and the 12 Progression Lineages, represents a fundamentally different principle. Consciousness is not merely the ability to process information; it is the capacity to transform the relationship between the observer and the reality field itself. It introduces an active, participatory interaction where awareness, intention, coherence, and informational organization influence the way energy structures are experienced and expressed.

This transition marked one of the greatest shifts in the history of the overall cycles of the lineages. The earlier cycles explored the development of increasingly sophisticated intelligent adaptation processes. The 12 original Progression Cycles introduced the possibility of consciousness as a transformative force—a principle through which reality fields could respond to the increasing coherence and integration of the consciousness interacting with them.

The difference can be understood as the difference between learning to operate within a system and learning to participate in the evolution of the system itself. Intelligence allows awareness and perception expressions to adapt to reality. Consciousness allows reality and constructs of reality to interact and enter into a progressively more integrated relationship.

This is why the Ancient Ones' engineered reality fields represented such a fundamental advancement. They were not designed merely to create more intelligent beings. They were designed to create environments where consciousness itself could become an active component in the ongoing formation, transformation, and progression of reality fields.

To understand the transition between the earlier universal cycles and the 12 Grand Cycles of Progression, it is necessary to distinguish between the 10 Evolutionary Lineages (EL) and the 12 Progression Lineages.

The 10 Evolutionary Lineages represent the foundational expressions of the earlier universal cycles. Their purpose was connected to the development, refinement, and expansion of intelligent adaptation processes. Through these lineages, different expressions of awareness and perception learned to interact with increasingly complex energy and information environments, developing the capacities required to navigate within their respective reality fields.

The 10 Evolutionary Lineages established the foundational structures upon which later reality architectures could be built. Through countless interactions between energy, information, and emerging intelligence, these lineages contributed encoded patterns into the new configuration of the reality fields, based upon these pre-coded sequences, we now call holographic-energetic filaments. The holographic-energetic filaments are thus the continued expression of the underlying memory structure of reality fields.

Consequently we now understand that the evolutionary process of these earlier cycles operated primarily through adaptation. Intelligence developed by responding to existing conditions, learning from experience, and creating increasingly sophisticated methods of interaction with the surrounding environment.

Therefore, the emergence of the 12 Progression Lineages represented a fundamental transition in the architecture of the universal lineages (UL). These lineages were not simply an extension of the previous evolutionary structures; they represented a new framework based on the conscious participation of awareness within reality itself.

The new 12 Progression Lineages became the carriers of the transformative processes within the new 12 Grand Cycles, each representing a distinct configuration of consciousness, information, and energy. Unlike the Evolutionary Lineages, which primarily explored adaptation within reality fields, the Progression Lineages are to explore, and still do, the transformative relationship between consciousness and the reality field itself.

This distinction is essential within the Progression Sciences. Evolutionary Lineages developed the foundations of intelligence and adaptation. Progression Lineages work with the architecture through which consciousness can consciously integrate, transform, and participate in the ongoing creation and refinement of reality configurations.

The 10 Evolutionary Lineages, and the 10 grand cycles they evolved through, prepared the foundation. The 12 Grand Cycles are the next stage of the larger reality architecture. The transition into the 12 Progression Cycles therefore represented a fundamental shift in this

process. The reality fields engineered by the Ancient Ones were not merely extensions of the previous architectures; they represented a new level of complexity. These advanced reality fields contained more sophisticated code sequences designed to respond directly to consciousness itself rather than only to intelligent adaptation processes.

This distinction is central to understanding the Progression Sciences. In the earlier universal cycles, intelligence emerged primarily through adaptation to the reality field. In the 12 Progression Cycles, all reality fields are responsive to the qualities, coherence, and informational organization of consciousness. The interaction became reciprocal: consciousness transforms the fields, and the field provides increasingly complex conditions through which consciousness could progress.

Through the new framework, reality fields could maintain stability while allowing countless individual consciousness expressions to experience unique pathways of interaction. The holographic-energetic nature of these systems allowed information to be distributed throughout the entire field, meaning that each localized expression remained connected to the greater architecture from which it emerged.

In this way, the new configurations became the environments where earlier forms of universal lineages could continue within carefully engineered reality structures. The new architecture, engineered by the Ancient Ones, represents a bridge between the adaptation-based intelligence processes of the previous universal lineages (the 10 ELs) and the consciousness-responsive architectures introduced through the 12 Progression Lineages.

The Holographic-Energetic Units

The holographic-energetic units represent one of the fundamental innovations introduced through the work of the Ancient Ones. However, these units were not created from an entirely new foundation. Instead, they were constructed through the transformation and reconfiguration of the energetic patterns, informational structures, and code sequences that had developed throughout the previous 10 universal cycles.

The 10 Evolutionary Lineages (EL) had established the foundational architecture of energy interaction through their long exploration of adaptation, emergence, intelligence, and perception. Throughout these cycles, specific informational patterns were embedded into the underlying energetic structures of reality fields. These patterns represented the accumulated experience of those earlier cycles—the principles through which energy organized itself, interacted with environments, and allowed increasingly complex forms of

intelligent adaptation to emerge. When the Ancient Ones established the framework for the new 12 Grand Cycles, they did not discard these earlier foundations. Instead, they transformed them. They extracted the essential informational patterns from the previous evolutionary architectures and reorganized them into a more advanced configuration: the holographic-energetic units.

The fundamental principle of the holographic level is that each individual unit contains a representation of the larger field to which it belongs. Each holographic-energetic unit carries within its structure a complete informational relationship with the field architecture it is part of. In this way, the whole is reflected within each part, and each part remains connected to the larger informational structure from which it emerged.

This principle allowed the Ancient Ones to create a reality architecture in which every localized expression remained connected to the larger field of information, energy, and the potentials of the new 12 Progression Lineages, to generate what we call consciousness. The holographic-energetic units are both individual expressions and interconnected components of the greater reality structure.

However, the foundational code sequences contained within the holographic-energetic units still originated from the earlier Evolutionary Lineages. They carry the accumulated patterns of adaptation, emergence, intelligence, and perception that had characterized the previous universal cycles. These patterns provide the operational foundation through which reality fields can generate experiences, interactions, and increasingly complex expressions of awareness.

This is why holographic-energetic units are capable of interacting with the consciousness potentials of the current 12 Progression Lineages. The Holo-units are not empty energetic structures; they are already encoded with the informational patterns required for interaction. They contain the memory and architecture of previous cycles, allowing consciousness potentials to enter into an already structured relationship with energy and information.

The purpose of consciousness potentials within the twelve Grand Cycles is therefore not simply to observe or experience these existing structures. The purpose is transformation. Through co-participatory interaction, these inherited energetic patterns can be progressively reorganized, refined, and elevated into configurations that more fully align with the principles of consciousness itself. This process is what the HAL Framework describes as conscious co-evolution.

Consciousness does not merely develop within the reality field; consciousness potentials participates in the transformation of the reality field. Through the advanced and complex co-participatory dynamics, the older informational sequences embedded within the holographic-energetic units can be upgraded, creating new expressions that reflect a higher-order level of coherence between progression dynamics, information, and energy. The complete transfiguration of the three is technically what is to become advanced consciousness.

From this perspective, consciousness is not defined as an object or substance that can be isolated and measured in the traditional sense. Instead, consciousness is understood as an interacting principle—a transformative capacity through which information and energy structures can become increasingly integrated and coherent.

The Progression Work is therefore the process through which consciousness potentials learn to interact with the ancient energetic foundations, transforming inherited patterns into new configurations capable of expressing higher-order levels of integration. It is a process of moving from adaptation within existing structures toward conscious co-participation in the ongoing transformation of those structures.

Overview LPU

The Less Progressive Universe (LPU), which technically corresponds to the foundational architecture of the universe we currently experience, was constructed as an addition to the existing architecture of the Ancient Ones.

These additions to the existing reality field configurations were placed within the leftover sectors of the universal architecture that had the highest degree of the ancient 10 universal cycle energy configuration.

The Less Progressive Universe (LPU) was therefore not created as an entirely separate reality structure. Within the HAL Framework, the LPU was a later addition to the already existing architecture and interconnected reality field configurations.

The emergence of the LPU was a direct consequence of the Internal Strife (as described in *Souls of Humanity*), which represented a major divergence within the original progression architecture. This divergence created the necessity for additional reality environments where specific consciousness potentials of specifically 3 lineages could continue their transformation under different conditions while maintaining the stability and integrity of the larger universal structure.

Instead of altering or dismantling the original architecture of the 12 Grand Cycles, a joint team from the 12 progression lineages engineered new pockets of reality within the existing framework.

The less progressive reality fields were designed as specialized environments, integrated into the larger architecture, now called the LPU, while operating with modified parameters of energy, information, and consciousness interaction to enable the 3 lineages—that could not follow the progression dynamics of the original architecture—to begin their transformation from a configuration that shared similarities with the earlier 10 Evolutionary Lineages, while simultaneously introducing the adapted consciousness-based dynamics required for Progression.

The intention was not to recreate the previous evolutionary framework, but to use its foundational principles as a bridge through which the older configuration could gradually transition into the new holographic-energetic reality architecture.

The LPU constructed reality pockets became additional layers within the broader reality field system. They were not outside the original architecture, but nested within it, utilizing existing energetic foundations and previous universal cycle code sequences while introducing supportive configurations that could support different rates and slower forms of consciousness progression.

The configuration of the LPU was similar to the leftover universal structures and was therefore a deliberate temporary application of existing reality fields. The purpose was not to preserve these adapted hybrid configurations indefinitely, but to allow the remaining consciousness potentials of the ones that chose to participate in the LPU experiment to undergo transformation within an environment that reflected aspects of an older energetic foundation.

Ultimately, the hybrid universal structure (the LPU) will move toward its own natural decay and evaporation cycles since the very adaptation of the energy units is nested upon outdated code sequences of the previous cycles and therefore will continue to lose coherence, as the energetic units eventually dissolve, releasing the remaining informational patterns back into the larger universal architecture. It was engineered that way.

The LPU therefore exists within a transitional window of the greater reality architecture: a temporary bridge between the completed structures of the 10 Evolutionary Cycles and the consciousness-driven reality configurations of the 12 Progression Cycles.

Within the HAL Framework, the LPU architecture and the later Pillar Projects, can therefore be understood as transitional sectors within the greater universal architecture. They represent areas where the foundational energy configurations of the earlier Evolutionary Cycles remain strongly expressed, while simultaneously providing the supportive and adaptive environment in which the transition from older configurations and into the new holographic-energetic reality configurations driven by consciousness could be established.

Subsequently, the engineering of the LPU was not a regression of the original architecture, but a carefully engineered adaptation within it. It represented an additional pathway within the larger design of the 12 Grand Cycles—a reality structure created to accommodate different progression conditions while remaining connected to the greater architecture established by the Ancient Ones.

The advanced LPU additions and the adapted progression environment ran on a new level of progression technology referred to as *the Holographic-Energetic Interactive Simulation Programs (HISP)*.

The holographic-energetic interactive simulations are not to be understood as artificial in the conventional sense, but as dynamically generated experiential environments in which the inhabitants' consciousness potentials could encounter specific conditions, challenges, and opportunities for transformation.

The HISP architecture represented a significant advancement in the ability to create, stabilize, and maintain complex reality field configurations. Instead of simply constructing an external environment in which consciousness could exist, the HISP enabled the baseline of an interactive relationship between consciousness potentials, the information field and the holographic-energetic units, and previous cycles energy units (code sequences).

In this the HISP enables the LPU reality fields to become responsive to the consciousness potentials interacting within it, allowing experiences, conditions, and energetic interactions to be continuously adjusted according to the requirements of the progression process defined within each domain and its sub-sectors of the LPU.

Within the LPU environment, the purpose of HISP was to provide the necessary structural foundation through which the inhabitants could continue their elevation and Progression journey. Because these consciousness expressions originated from configurations that were not yet fully aligned with the dynamics of the 12 Grand Cycles, they required a reality environment where transformation could occur gradually and systematically.

The HISP technology therefore created a highly complex interactive learning environment. Through the interaction between consciousness potentials and the energetic and informational fields of the LPU, specific experiences, challenges, and developmental conditions could emerge. These conditions were not random events but carefully balanced interactions designed to allow consciousness potentials to encounter, process, and transform the incomplete energetic patterns inherited from previous evolutionary configurations.

In this sense, the HISP functioned as an instructive interaction system between consciousness and reality. It allowed the inhabitants to experience the consequences of their energetic structures while simultaneously providing the educational and progressive framework necessary for gradual transformation. The LPU and its Domains became both the environment of experience and the mechanism through which learning and integration could occur.

The holographic-energetic interactive simulations should therefore not be understood as artificial realities. They are not fabricated illusions placed around perception, nor are they detached environments separate from the greater reality architecture. Instead, they are dynamically generated experiential environments built from the same fundamental principles of information, energy, and consciousness transformative potentials that constitute all reality fields.

The inbuilt holographic-energetic principles of the HISP ensured that each localized experience remained connected to the larger informational architecture of the field. Every interaction contained information about the greater structure from which it emerged, allowing consciousness potentials to gradually recognize, integrate, and transform the underlying patterns influencing its experience.

Through the HISP, the LPU became a controlled and adaptive progression environment. It provided the inhabitants with the opportunity to continue their transformation within conditions that were slower, more structured, and more compatible with their current consciousness potentials, while still maintaining a connection to the larger architecture of the 12 Grand Cycles.

The purpose of the HISP technology was therefore not to create an artificial substitute for reality, but to create a supportive reality interface through which consciousness could progressively transition from the older evolutionary adaptation-based configurations toward the newer consciousness-driven dynamics of the Progression Cycles.

The Domains of the LPU

The LPU were divided into 12 sectors, following the architecture of the original 12 Progression Lineages, now adapted into the LPU slower progression configuration, unfolding different vibration-radiation compositions within 5 domains:

1. The Core Domain (dimensions 10-12)

This domain upholds the foundation of all existence (the Central Sun Technology), based upon advanced cube technology and holographic interactive reality field platforms from which the other domains get their foundational code sequences, stream possibilities and potential forms of existence, potential progression dynamics, reality field construction and diverse adaptive processes to unfold the needed consciousness potentials to complete the 12 dimensions, or sectorial existence, within the engineered 12 cycles of lesser progression rate to accommodate for the lacks and genetic deficits of the laggards.

2. The Inner Domain (dimension 7-9)

This domain upholds the raw consciousness fields in the 9th dimension, the raw possibility fields in the 8th dimension and the probability fields in the 7th dimension. I suggest you do the 2-8 Pillar Work & the NGC Material to fully get this.

3. The Middle Domain (dimension 4-6)

This domain upholds the HISP reality fields, from where worlds can arise with diverse organic, semi-organic and non-organic lifeforms expressing their consciousness potentials to transform, transmute and transcend the diverse worlds they take part of. The main goal of all existence is to transform, transmute and transcend the previous 10 universal cycles precoded energy units, by working the information fields they are part of.

All reality fields have inbuilt holographic-energetic teaching systems to guide the ones that are doing their progression work as part of these fields. All can be known for the one that asks the correct questions, and each reality field has a proper or most optimal path of progression that the inhabitants can sojourn.

The optimal path in all reality fields holds complex information systems based upon tiers, from which the interactive holographic-energetic simulation programs, and their holographic teaching systems (HTS) will guide and assist in the fast-track consciousness evolutionary processes needed to match the requirements of that sector. In our sector called the Subsidiary Timeline.

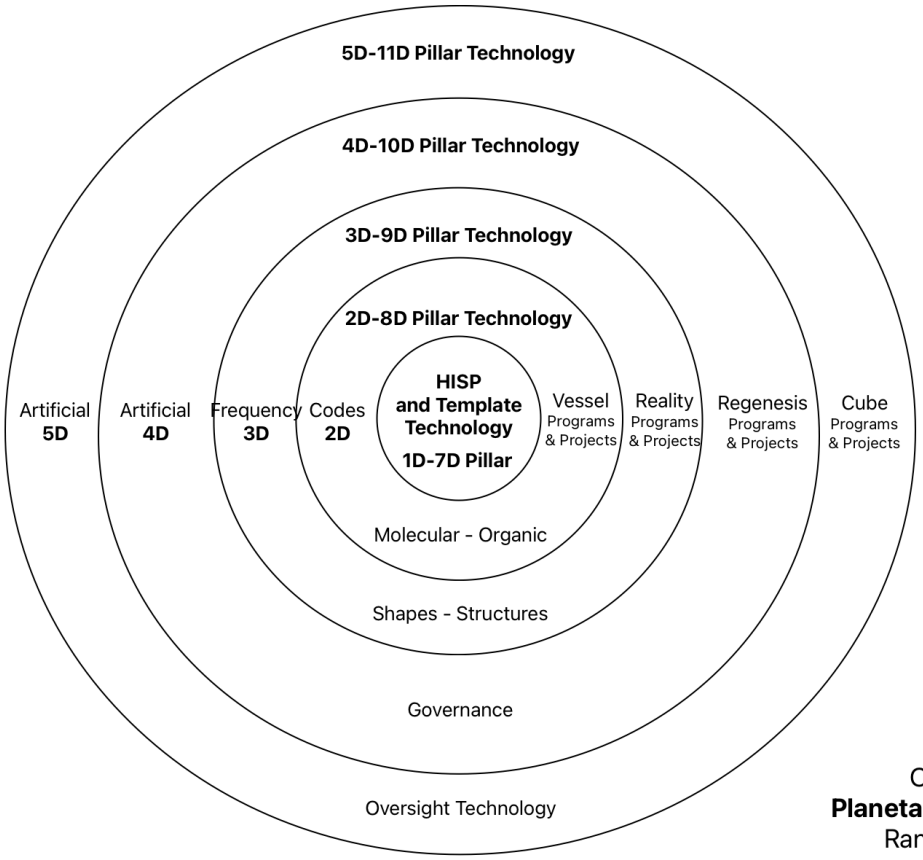
4. The Outer Domain (dimension 1-3)

This domain was originally a dead zone used for disposal of non-useful energy fields utilized to produce the LPU. Our universe is part of a vast area called the Void, where non-functional energy units gather, and where the holographic-energetic grids that uphold the reality fields have been depleted of their variability rate.

5. The Completion of the All Existence

This domain is the last domain to complete, where we have built the unifying coherence pattern via the 12 dimensional sectors and through our existence in these worlds have transformed the LPU engineered holographic-energetic template structure into the original lineage energy and consciousness architecture.

Once LPU holographic-energetic template consists of 12 unifying coherence fields, the journey from the Core Domain insertion to the transcendence dynamics within the Middle Domain holographic interactive worlds of consciousness and energy will be completed.



Overview of our
Planetary Reality Construct
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