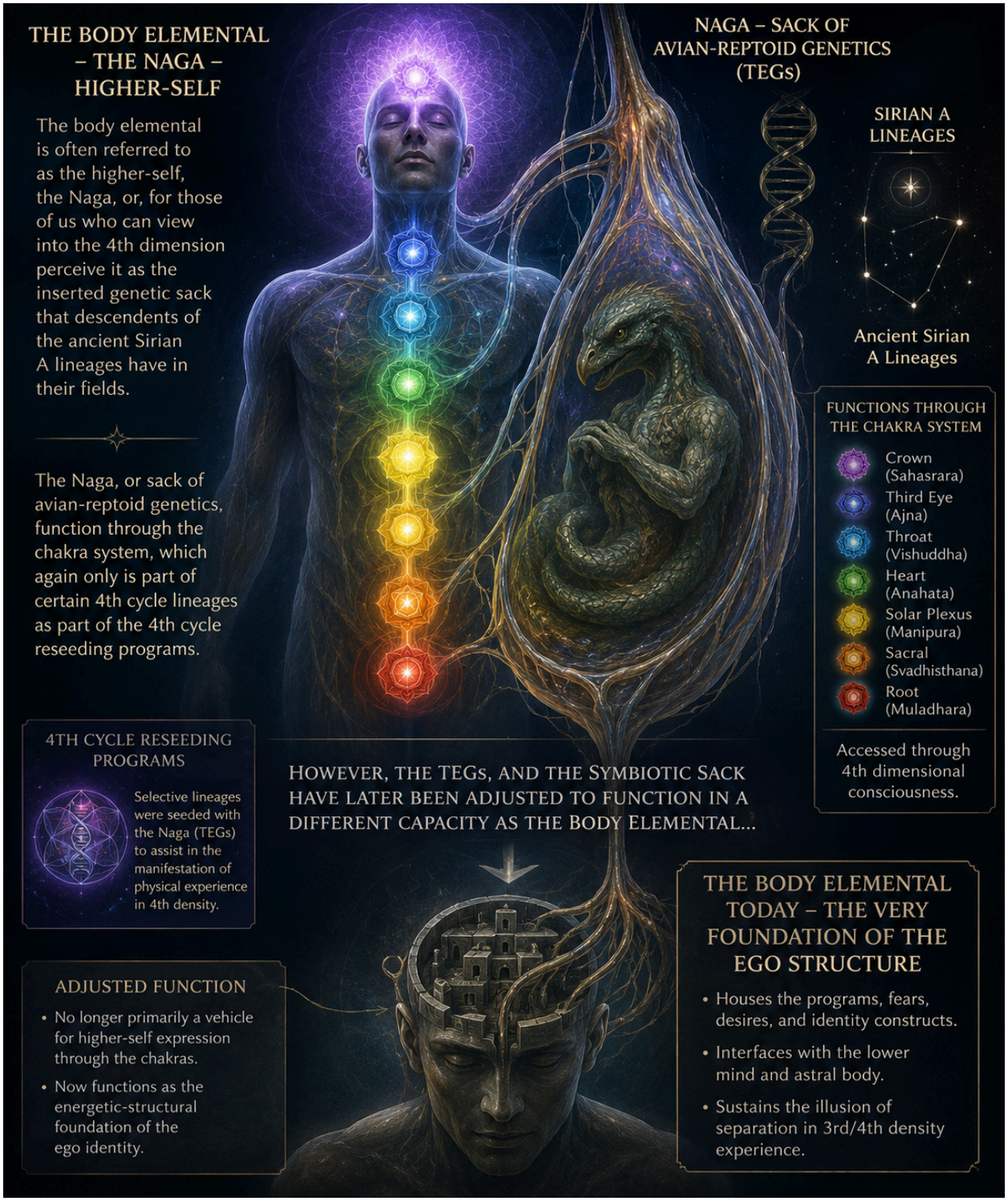
HAL Academy Free Educational Papers

Understanding TEGs & the Body Elemental

Written by Randi Green May 2026



Advanced Extraterrestrial Inserted Technology

In my books the Souls of Humanity and Terralogy I address the ancient advanced technology used to enable humanoids from other stellar systems to participate in the Pillar Project. This technology was invented, or more correctly administered by a 4th cycle Sirian A group participating in the Pillar Project to undo the damages of the Timeline Event and the subsequent genetic fragmentation and the regression of their consciousness template.

The Siran As used to thrive on Sirius A (Alpha Canis Majoris) in the Sirian constellation. However, not within the framework of how we understand worlds. The Sirian A civilization was first and foremost diverse, existing within the 4th dimension (D4) of the density 2 (DE2) reality field also known as the middle domain which is way beyond what current science accepts.

This means their vibrational conciliation was of an otherworldly nature and thus not explainable within our atomic-frequency lunar 3rd cycle material, we call frequency- based organic matter.

The Sirian A were originally, before the Timeline Event regression of their DE2D4 organic-molecular fields, a 4th cycle civilization thriving under their 4th dimensional sun to complete their consciousness evolution journey within the framework of their higher-order 4D holographic-energetic architecture and subsequent consciousness units (CUs or humanoid genetics).

They were moving through the 4th cycle getting ready to enter into the 5th cycle as part of their own system. The 5th cycle section of the Sirian trinity system is Sirius B with a cooler star fitting for the next level of the energy-consciousness exploration journey all civilizations are undergoing in our quadrant.

We are to understand that suns, or stars, are artificial constructs holding the code sequences needed for organic-vibrational lifeforms to exist within that system. It is not an entity or a living being.

Suns, or stars, are advanced constructions that hold the code sequences for the lifeforms of that system, including the agreed upon evolutionary potentials, consciousness adaptation processes and forms of holographic-energetic transformation potentials that system offers.

The 5th cycle civilizations, similar to Sirius B, as it were before the Sirian Bs experimented with their 5D core plasma-crystal rods and misused the technology which caused the

Timeline Event. The 5D core plasma-crystal rods uphold the holographic-energetic stationary configuration of all types of 5D reality fields, alongside advanced 4D-5D pre-programmed cube technologies inserting, adapting and modifying the holographic-energetic reality field code sequences. This technology is what generates worlds, overseeing "what is sought-for" and decided by the Sirian Councils of reality field configuration and adaptation processes within the Sirian worlds.

The Sirius system also had older terrestrial worlds that existed in the areas under the other smaller stars of the Major Canis quadrant. Sirius C (although science will tell you this does not exist) is an example of such a terrestrial world in the outer domains of the Sirius system. It is now housing non-organic lifeforms as worker collectives[1] under the control of the Orion system, adjacent to the Sirius system.

As the 4th cycle Sirian A collective began to regress, due to the effects of the Timeline Event instigated by the Sirian B collective (I call them collectives because there are many different groups within the Sirius system, similar to Earth that technically is a 3D collective), new technology had to be invented for the Sirian A groups to participate in the Restoration Program (Pillar Project) unfolding in our solar system.

For the Sirian A humanoids that chose to transfer to our solar system, to heal and restore their original 4th cycle consciousness configuration, had to enable a potential to thrive under our form of 4th cycle sun.

The *technological enhanced genetics* (TEGs) became the solution for the Sirian As to exist within our solar system.

The TEGs were then added to advanced 4th cycle oversight technology. To enable the oversight technology to work within our reality field, an additional 4th dimensional layer was added to our system, technically operated from Mars, since Mars was the first workstation in our solar system to unfold, and show signs of regressed humanoid genetics. Thus, Mars became the first workstation of the 4-10 Pillar, the hub to enter for those who chose to come here as part of the Restoration Program.

Later the Martian groups were transferred to Earth as our planet, or reality field, as it was modified into the Enclosure for the wrapped up and under Enslavement contracts humans and humanoids that chose to stay within our system after the Colonization by the D10 Draco collective, in conjunction with the Sirian A collaborators.

[1] These worker collectives are non-organic insectoid in nature and often overseen by the Orion Mantid races.

It is important to understand that—despite the Colonization—the humanoid holographic template was still linked to the do-over path, that is the undoing of the choices of Atlantis, and thus part of the 4th cycle reseeding. Listen to this podcast series on YouTube to understand better.

The digressed D10 operators raided Mars as the first thing, took over the portals into the solar system and from there colonized the other planets within the 4th dimensional sun configuration. Our solar system is divided into two sectors; the one under the 4D sun and the higher-order under the 6D sun, in our version of the solar system called Jupiter.

We furthermore understand that the help given to the Sirian A groups, the TEGs, and the needed-for this to work inserted technology to the Pillar Project, gave grounds to the D10 diverting groups to gain access and colonize our solar system, and later the Sirian A 4D inserted humanoid field was reengineered to house the enslavement programs and technologies. The TEGs were adapted during the hijacking, the Sirian A artificial 4D turned into the overseeing administrative layers of the Enclosure, reinforcing the sealed off original human and humanoid holographic-energetic architecture by the prohibiting technologies, which over time generated so much lower order distortion that it became what we understand as the Astral Barrier.

The TEGs, due to the hijacking, were adapted into a sort of sack of avian-reptoid genetics with 4D seals that could be inserted into the 4D level of the holographic-energetic template, and then block the mind, heart and throat vortices from connecting to the higher-order 4D and 5D levels of the template..

The Body Elemental

The body elemental is a type of astral-4D energetic parasite, which over the course of many lifetimes grows in power and eventually begins to see itself as a human being. What it is, is disrupted and distorted Sirian A technology, based upon the ancient TEGs.

The body elemental is often referred to as the higher-self, the Naga, or, for those of us who can view into the 4th dimension perceive it as the inserted genetic sack that descendents of the ancient Sirian A lineages have in their fields. The Naga, or sack of avian-reptoid genetics, function through the chakra system, which again only is part of certain 4th cycle lineages as part of the 4th cycle reseeding programs. However, the TEGs, and the symbiotic sack have later been adjusted to function in a different capacity as the body elemental, today the very foundation of the ego structure.

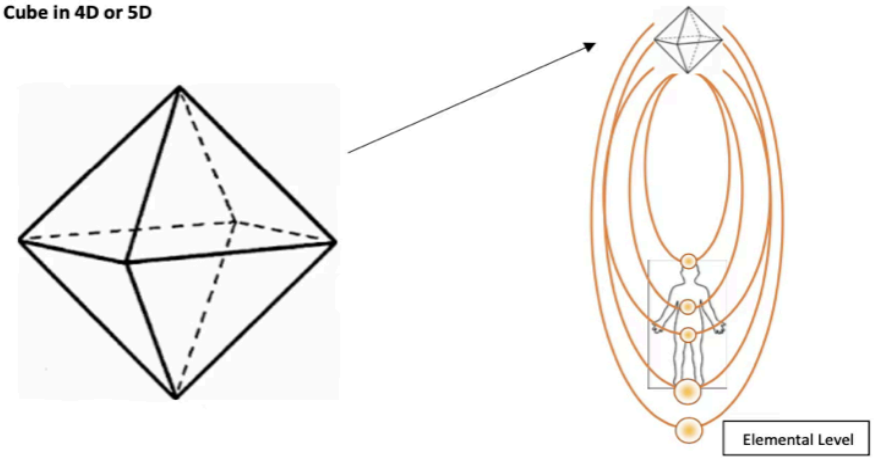
I discuss this symbiotic body elemental in depth in the books the Souls of Humanity, Terralogy and HAL Philosophy. It is also explained further in [the Basic and Advanced Energy Work courses and the Reconfiguration Courses](#).

For some, the perception of the reincarnating soul is nothing more than the voice of the body elemental. The fear of ceasing to exist stems from this elemental being.

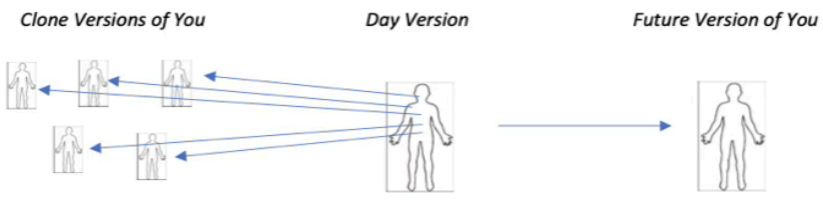
The body elemental is *not* a deva being, since devas exist in nature and not as part of the human form. However, the 4D astral-elemental beings can thrive as part of the human three lower fields, due to similarity in organic composition and the fact that the human psyche is connected to the Astral Barrier today only functioning as, the distortion layers and the artificial 4D architecture upholding the Enclosure programs, and the harnessing technologies.

As explained in the AIT Advanced Clearing Work Material, we must clear out the old prohibiting technologies, the OWO Cubes, energetic parasites, and elementals in the racial grids to be able to release and transform the emotional field.

Program Cube in 4D or 5D



Via the sciences behind the different levels and energies of the emotional field, the work gets more advanced but also in some sense clearer. The levels are to be worked with and transformed through the opposition dynamics of inner-outer interactive potentials.



We do that by playing the OWO Reality Programs, aka the Paths of Liberation, from where we on the days with the Rotundum number 20 can release the content of the rings of the bio-fields, emotional field and mental fields.